

2019 – 2020 Sports and PE Premium Expenditure Plan

Total Allocation of Sports and PE Premium for 2019 - 2020: £17,440

Area of Expenditure	Action Required	Resources	Cost	Expected Impact
<p>Contract with NCFC Community Sports Foundation to deliver the PE curriculum.</p> <p>Coach travel to NCFC Carrow Road Sports Park for PE sessions.</p>	<ol style="list-style-type: none"> Liaison with the coaches regarding curriculum delivery. Liaison with the coaches regarding pupil assessment. Liaison with the coaches regarding additional sporting events and competitions organised by NCFC Community Sports Foundation. <ol style="list-style-type: none"> Booking with Easton's Coaches to transport children to NCFC Sports Park each Thursday during term time. 	<p>Supplied by NCFC Community Sports Foundation.</p> <p>Easton's Coaches.</p>	<p><u>Total = £10,000</u> <u>(Half the cost of the contract)</u></p>	<p>All children will benefit from expert coaching in PE and sport by professionals at NCFC Sports Park. Health and fitness will increase, as will the children's enthusiasm for PE and sport. Some children will be inspired by the school's partnership with Norwich City Football Club to continue their sporting activity outside of the school.</p>
<p>Contract with Riverside Swimming Centre to deliver weekly swimming lessons to children in Years 4, 5 and 6.</p>	<ol style="list-style-type: none"> Liaison with Riverside Swimming Centre regarding curriculum delivery. Liaison with swimming coaches regarding pupil assessment. Liaison with coaches regarding additional swimming galas. 	<p>Supplied by Riverside Swimming Centre.</p>	<p><u>Total = £2000</u></p>	<p>All children will benefit from expert coaching in swimming by professionals at Riverside Swimming Centre. Health and fitness will increase, as will the children's enthusiasm for swimming. Some children will be inspired by the school's partnership with Riverside Swimming Centre to continue their interest in swimming outside of the school.</p>

<p>Membership of the Norwich Schools Sports Partnership.</p>	<ol style="list-style-type: none"> 1. Membership of the Norwich Schools Sports Partnership. 2. Promotion of different competitive sports opportunities for pupils to experience and try. 3. Organise entry to key events and activities during the year. 4. Celebration and reward for individual and team success in competitive sports. 	<p>Supplied by the Norwich Schools Sports Partnership.</p>	<p><u>Total = £1500</u></p>	<p>All KS2 pupils will enjoy regular access to organised competitive sports events and activities with other schools in the partnership in cross country, basketball, football, swimming, sailing, netball, cycling, short tennis and athletics.</p> <p>EYFS and KS1 pupils will enjoy regular access to multi-skills festivals and activities with other schools in the partnership.</p> <p>All children will enjoy the benefits of increased opportunities to take part in sport including:</p> <ul style="list-style-type: none"> • Improved health and fitness • Social interaction and teamwork • Skill development and agility • Personal confidence
<p>FSN Sports Clubs.</p>	<ol style="list-style-type: none"> 1. Individual staff to organise and run lunchtime sports clubs which are open to all pupils. 5. Promotion of different competitive sports opportunities for pupils to experience and try. 2. FSN to organise regular annual inter-house sports competitions and tournaments open to all pupils. 3. Celebration and reward for individual and team success. 	<p>Sports club equipment including: FSN team strips Basketballs and goals Footballs and nets Netballs and goals Short tennis rackets, balls and net Aerobic skipping ropes and music CDs Softballs, hoops, bibs, cricket sets, hockey sets and multi-skills sets Storage facilities.</p>	<p><u>Total = £1,000</u></p>	<p>All pupils in the school will have access to and enjoy a wide range of opportunities to take part in organised sports club activities during the school day.</p> <p>All children will enjoy the benefits of increased opportunities to take part in sport including:</p> <ul style="list-style-type: none"> • Improved health and fitness • Social interaction and teamwork • Skill development and agility • Personal confidence

Impact Report

In total 20% of weekly curriculum time at The Free School Norwich is allocated to PE and sports activities. Each day the school also has a 15 minute break in the morning, 60 minute break at lunch time and a 15 minute break in the afternoon for physical activities outside. The range of PE and sport activities offered by the school in 2018 -2019 and the number of children who took part is as follows:

Sports Club or Activity	% of Pupils in the School
1. PE lessons at NCFC Carrow Road Sports Park	100%
2. Football club and tournaments (KS2)	40%
3. Tri Golf (Year 1)	100%
4. Cross country competitions (KS2)	20%
5. Soft tennis club and tournaments (KS2)	25%
6. Swimming galas (Years 4 – 6)	20%
7. Swimming lessons (Years 4 – 6)	100%
8. Aerobic skipping PLA (KS1 and KS2)	12%
9. Ten pin bowling PLA (KS1 and KS2)	12%
10. Modern dance PLA (KS2)	25%
11. Water Sports (Year 6)	100%
12. Multi-Skills festivals (KS1)	100%
13. Keep Active club (KS1)	35%
14. Playground activity equipment (KS1 and KS2)	100%
15. Outdoor pursuits (Years 4 – 6)	90%
16. Karate PLA	96%

The % of children who say that they enjoy regularly participating in sport and PE activities at the school is: 100%.

In 2018 -2019 the % of children in Year 6 who achieved their 25m+ swimming award using a range of different strokes is: 96%

In 2018 – 2019 the % of children in Year 6 who have undertaken safe self-rescue training in water based situations is: 96%

The current range of PE and sporting activities on offer at The Free School Norwich is sustainable due to the following factors:

- The school's established links with a wide range of primary school PE and sports providers in the local community.
- The school's membership of the Norwich Schools Sports Partnership.
- The school has a qualified sports teacher who is able to deliver many of the listed PE and sports activities as part of the curriculum.

Tania Sidney-Roberts
Principal
The Free School Norwich